



Word Bank

Skills

Advising
Advocating
Coaching
Counselling
Explaining
Listening
Mediating
Recommending

Interviewing
Leading
Managing
Motivating
Recruiting
Supporting
Supervising
Training

Administering
Arranging
Assembling
Co-ordinating
Organising
Preparing
Project Managing
Planning

Analysing Arbitrating **Assessing** Judging Diagnosing Negotiating Editing Predicting **Evaluating Prioritising** Interpreting **Proposing Investigating** Resolving Reviewing Solving

Auditing Budgeting Estimating Forecasting Identifying Modelling Measuring Monitoring Creating
Designing
Discovering
Developing
Innovating
Inventing
Piloting
Visualising

Astute

Caring

Constructive

Compassionate

Empathetic

Thoughtful

Understanding

Communicating
Presenting
Projecting
Promoting
Publicising
Speaking
Translating
Writing

Acquiring
Buying
Merchandising
Ordering
Producing
Purchasing
Selling
Trading

Compiling
Filing
Finishing
Inspecting
Integrating
Operating
Repairing
Testing

Strengths

Conscientious
Dedicated
Dependable
Determined
Genuine
Honest
Loyal
Sincere

Warm Adaptable Accurate Conciliatory **Analytical** Flexible Concise **Pragmatic** Consistent Proactive Logical Responsive Objective Tolerant **Precise** Versatile **Systematic** Energetic
Enthusiastic
Inspirational
Influential
Motivational
Optimistic
Persuasive
Positive

Articulate
Creative
Imaginative
Innovative
Inventive
Perceptive
Resourceful
Sensitive

Challenging
Committed
Confident
Decisive
Enterprising
Independent
Persistent
Risk-taker

Approachable
Consultative
Diplomatic
Discreet
Friendly
Gregarious
Helpful
Tactful

Calm
Fair
Reliable
Sensible
Patient
Realistic
Self-reliant
Supportive





Action Words

Coached **Achieved** Built Accelerated Controlled Attained Created Built Directed Completed Constructed Corrected Drove Gained Established **Expanded** Instructed Increased Generated Honed Led Obtained Initiated **Improved** Reached Managed Installed Increased Mentored Realised Instigated **Optimised** Piloted Succeeded Launched Raised Started Supervised Won Reformed Encouraged **Analysed** Changed Augment Converted Energised Assessed **Improved** Calculated Drove Enhanced Developed **Improved** Inspired **Evaluated** Enhanced Identified Motivated Modernised Enlarged Persuaded Interpreted Rectified Raised Promoted Investigated Refined Redesigned Propelled **Probed** Replaced Restored Revitalised Researched Restructured Strengthened Studied **Transitioned** Spurred Upgraded

Describing Words

Accomplished	Strong	Effective	Exceptional
Considerable	Good	Excellent	Competent
Extraordinary	Sound	Efficient	Impressive
Outstanding	Highly	Valuable	Exemplary
Substantial	Superb	Robust	Phenomenal
Superlative	Solid	Capable	Proficient
Compelling	Adept	Useful	Vigorous
Significant	Expert	Able	Thorough
Experienced	Adroit	Pivotal	Powerful
First-rate	Gifted	Crucial	Talented